

MEDIA RELEASE: FOR IMMEDIATE RELEASE

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HOLY TRINITY CELEBRATES OPHEA GOLD CERTIFICATION WITH VISIT BY CANADIAN OLYMPIAN AND TERRY FOX RUN

Holy Trinity Catholic School students and staff are planning a golden celebration, with a visit by a Silver Medal Olympian and a run to raise money for the Terry Fox Foundation!

Last June, the school learned that it had been awarded gold certification in Ophea's *Certified Healthy Schools* program. Holy Trinity is among just 100 schools in Ontario to receive bronze, silver or gold designation. The *Certified Healthy Schools* program, funded in part by the Government of Ontario, recognizes school communities which plan to take action to address health topics, such as physical activity, mental health and healthy eating.

"I am proud of the great work of our students and staff in achieving this designation, which is recognition of their tremendous efforts in promoting wellbeing in our school community," says Steve DeGurse, Principal of Holy Trinity Catholic School. "And I can think of no better way to celebrate, than to have a silver medal Olympian to speak to our students!"

Canadian figure skater and Silver Medal Olympian Dylan Moscovitch will help kick off the celebration, by speaking to students at three assemblies. Then he'll lead them in some warm-up exercises and stretches before they head out for their annual Terry Fox Run.

Dylan Moscovitch will speak to students at three assemblies in the gym at Holy Trinity Catholic School, 60 Lorne Crescent, Sarnia on Wednesday, September 28, 2016. Assembly times are 11:45 a.m., 12:20 p.m. and 12:55 p.m.

Members of the media are welcome.